

# BUXTON CC / SETT VALLEY CYCLES

## OPEN 10 MILE TIME TRIAL

Incorporating VTTA Manchester M/C NW Group  
Cheshire Points Series 10 Of 20

(Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations)

Thursday 13<sup>th</sup> June 2023 at 7.00 pm  
Course J10/1

Thank you for entering the Buxton CC 10 mile time trial. Please read these important instructions and in particular the details regarding riding to the start. I wish you a safe and fast ride.

**EVENT SECRETARY**      Mat Ivings [mat@ivings.co.uk](mailto:mat@ivings.co.uk) 07967 621 448

**TIMEKEEPERS**      Martin Jackson and Judith Soden

### HEADQUARTERS

Buxworth War Memorial Club, 1 Station Road, Buxworth, High Peak, SK23, 7NJ

Open from 6pm. There are no changing facilities at the HQ.

**Parking:** There is limited parking at the club and on the road. There is additional parking in the Basin - look for the brown signs pointing down Brookside, past the school. Note that you have to pay if you park in front of the Navigation Inn.

There is also parking in and around Bridgemont at the bottom end of the course and there are additional toilets in Tesco, Bridgemont, Whaley Bridge, High Peak, SK23 7PB.

**Do not park at the start.**

There will be no refreshments provided after the event. If phone signals allow, I will provide provisional results at the HQ.

### NUMBERS AND SIGNING ON/OFF

Signing on/off will be at the HQ.

Remember to sign out and return your number.

**Failure to sign out will result in a DNF classification**

### TO THE START - IMPORTANT

- It is 3.5 miles to the start from the HQ.
- Do not access the start from the top (Chapel) end of the course
- Turn left out of the HQ along the B6062 towards Whaley Bridge / Bridgemont. Turn left on the A6 and this brings you to Bridgemont Island, the bottom turn of the course
- Only enter the dual carriageway once you are ready to proceed to the start. Once you have entered the dual carriageway there is no place to turnaround. Anyone seen walking across the dual carriageway will be DQed
- The start is from a layby 2.1 miles east of Bridgemont Island

## RETURN TO THE HQ

No stopping at the finish. Please proceed to the Bridgemont Island and be aware of riders still racing.

## RIDER SAFETY

Remember you must have a working **front white and rear red** light, whether flashing or constant, fitted to your machine in a position clearly visible to the following road users. No lights – no ride.

Helmets: All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard as detailed in CTT Reg 15.

## COURSE

### Overview

Just over 1.5 laps of Chapel bypass. Start in a layby about a mile before the top (Bowden) island. Approx. 100 m of climbing but an overall drop of approx. 55 m from the start to the finish. Don't expect the last 2.5 downhill miles to be easy!

### Description

START (Grid Ref. SK 047818) 0.00 m

At a green "Chapel-en-le-Frith sign near the end of the layby approximately 1 mile west of Boden Lane traffic island on the A6

BOWDEN LANE ISLAND (SK 062815) 0.96 m

Take the fourth exit along the A6 towards Stockport to

BRIDGEMONT ISLAND (SK 014824) 4.16 m

Take the 3rd exit along the A6 towards Buxton and return past the start

THROUGH START (Grid Ref. SK 047818) 6.39 m

Return past the start

BOWDEN LANE ISLAND 7.35 m

Take the fourth exit along the A6 towards Stockport

FINISH (SK 024820) 10.000 m

At the mid-point under the road bridge over the A6 near Bugsworth Basin.

PRIZES

Open	
1 <sup>st</sup>	£20
2 <sup>nd</sup>	£15
3 <sup>rd</sup>	£10
Women	
1 <sup>st</sup>	£20
2 <sup>nd</sup>	£15
3 <sup>rd</sup>	£10
Road bike	
1 <sup>st</sup>	£20
Vet on Age Adjusted Time (AAT)	
1 <sup>st</sup>	£20
2 <sup>nd</sup>	£15
1 <sup>st</sup>	Team (3 fastest riders to count)      £10 each
	Course Record                      £15 Solo Male:   19:15   S Davies      20-Jun-2015 Solo Female 21:21   Sarah Storey 16-Jun-2022

(one rider one prize, except team and course record prizes)